

# Learning Through Nature Journaling

## Nature Series Workshop – Friends of the Fredericksburg Nature Center



***Nancy Huffman***

**Presenter:** Nancy Huffman

**When:** Saturday, October 28, 2023  
10:00 A.M. – 12:00 Noon

**Location:** Tatsch House, Lady Bird  
Johnson Municipal Park,  
Fredericksburg, TX

**Approved for Two (2) Hours of  
Texas Master Naturalist Advanced  
Training Credit  
AT23-064**

**Nature Journals and Pencils  
Will be Provided**

Nature Journaling (or having a “nature notebook”) is a way to record what you notice in nature. It can help fine-tune your observation skills and can also be a way to practice mindfulness as well as helping you recognize things in nature that you are grateful for and enjoy observing. This unique workshop will be conducted by lifelong artist Nancy Huffman, who utilizes nature journaling as a tool for teaching and to facilitate deeper learning. From her years as an art teacher and environmental service volunteer, her personal journaling ranges from landscape sketchbooks to learning about native plants. Nancy will guide you through some simple exercises to get started so that you can jump right in and keep it a stress free and positive experience whether you are a citizen scientist, a student, or an aspiring artist. As part of the day’s activities, participants will visit the FFNC Pollinator Garden located immediately across from the Tatsch House. Nancy is a certified Texas Master Naturalist, President of the Kerrville Chapter of the Native Plant Society, and Vice-President of the Hunt Garden Club.

The workshop will be held at the Tatsch House, located on the grounds of Lady Bird Johnson Municipal Park on October 28, 2023, from 10:00 A.M. until 12:00 noon. **This facility is a small venue and has limited seating, so you will need to make your reservation early by emailing Gracie Waggener at [gwaggener@flow-apps.com](mailto:gwaggener@flow-apps.com).**

Friends of the Fredericksburg Nature Center is a 501c(3) volunteer organization dedicated to education about and preservation of the natural resources of the Texas Hill Country. For more information about the organization and membership or volunteer opportunities, go to <https://fredericksburgnaturecenter.com/> or visit us on Facebook.